

BLOUNT'S KAFO  
BY  
JMMR INC.  
FITTING INSTRUCTIONS

Normal fitting protocol applies to fitting this brace. Please make sure the knee joint is set to the correct height. Check the height of the proximal tibial cuff making sure you are well above the neck of the fibula. This section is left high for growth. Trim only if necessary to allow activity. **DO NOT USE BRACE SHOULD THE TRIM LINE FALL BELOW THE FIBULAR HEAD.**

When fitting the pull strap, pull with gentle tension. It is normal to see the tibial component move during weight bearing and ambulation. **DO NOT TIGHTEN THE NUT ON THE POSTERIOR TIBIAL SECTION. IT IS TO ALLOW MOVEMENT OF THAT SECTION.**

Follow-up is the key to your success. After the initial fitting, check your patient in at least a week to 10 days. Then every 3 - 6 months, or after every doctors follow-up.

**THIS BRACE SHOULD BE WORN AS MUCH AS POSSIBLE, DAY AND NIGHT.** It is extremely important to keep the foot secure in the foot plate at night. This can prevent an internal rotation from developing during correction of the condition. You could use a strap or a sneaker with the toe section cut out for air.

It is not uncommon to add a very small pad to fill the void at the apex of the curve in the tibial component once you start to see correction. You may also have to heat out the plastic in the medial area opposite the apex of the curved area. You may also take advantage of the pivot hole on the posterior distal bar by moving it out one hole to effect additional correction. **REMEMBER, CHECK FOR GROWTH. DO NOT ALLOW PROXIMAL TRIM LINE TO GO BELOW THE FIBULAR HEAD.**

Please call us if you have any questions or comments.

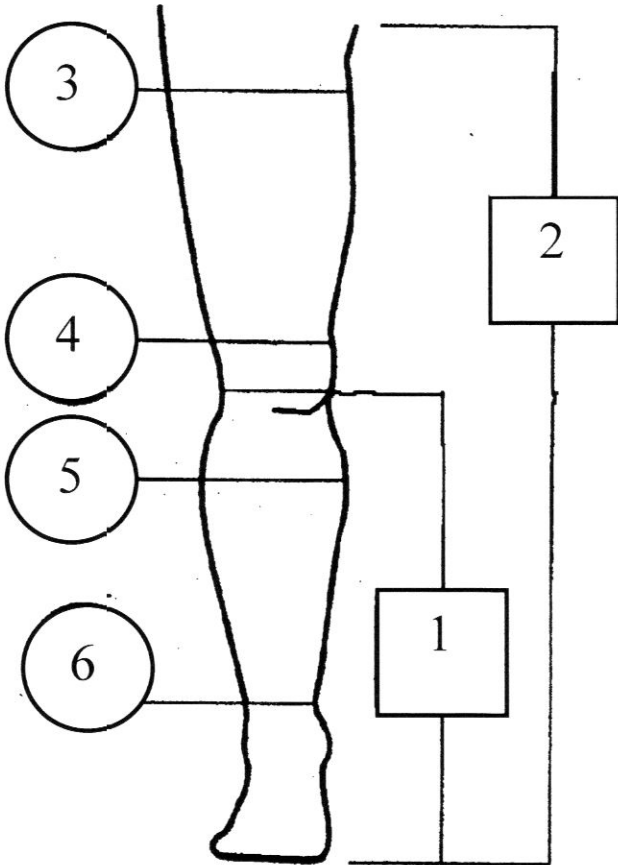
Thank you for using the JMMR Blount's KAFO

JMMR INC.  
25-09 BROADWAY FAIR LAWN, N.J. 07410  
800-236-5166 FAX 201-796-1551  
WWW.BLOUNTSDISEASE.NET

# Simplicity Systems

## Blounts KAFO

By JMMR Inc.



1. Floor to Knee Ctr. \_\_\_\_\_  
2. Finished Medial Brace Ht. \_\_\_\_\_  
3. Proximal Thigh Circ. \_\_\_\_\_  
4. Distal Thigh Circ. \_\_\_\_\_  
5. Calf Circ. \_\_\_\_\_  
6. Ankle Circ. \_\_\_\_\_

Bilateral    Right    Left  
 Reverse Blounts ( valgus )

**Standard Features:**

- \*Stainless Uprights & Joint.
- \*1/8" Co-Poly
- \* Molded Foot Plate
- \* Growth Adjustment
- \* Positive Trak Ankle Hinge

**Note;**  
1/8" or 3/16" Uprights  
will be used. The  
choice will be made  
depending on cast size  
and age of child

**OPTIONS: Additional Charge**

Express Shipping (specify) \_\_\_\_\_  
 Image Transfer (specify) \_\_\_\_\_  
\$25.00 per/brace

**PO#** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Person Ordering:** \_\_\_\_\_

**Patient:** \_\_\_\_\_ **Age** \_\_\_\_\_ **Ht.** \_\_\_\_\_ **Wt.** \_\_\_\_\_ **Practioner:** \_\_\_\_\_

**Facility Name :** \_\_\_\_\_

**Address :** \_\_\_\_\_

**City :** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Phone:** \_\_\_\_\_



**NEW ADDRESS :** JMMR INC  
25-09 BROADWAY FAIR LAWN, NJ 07410

COMPANY LOGO HERE

Your child has been fitted with a very special Knee Ankle Foot Orthosis.

If your child is being treated for Blount's disease, the brace(s) are intended to be worn 24 hours a day. Small breaks can be taken during the day for hygiene and swimming.

Put the brace on the leg. Do not have directly on the skin. Use a light sock or over clothes. Make sure the foot is seated in the foot plate. Fasten the ankle strap. Fasten the thigh strap. Now fasten the elastic pull strap to the instructed tightness.

You should begin slowly. Make sure the child's foot stays in the foot plate during sleep time. This is very important to the treatment of your child. This reduces the chance of the leg internally rotating during treatment. You can use a cheap sneaker to put over the foot plate, cut the toes off of the shoe to allow air flow. This will keep the foot seated in the foot plate.

The success of the treatment is related to the wearing time and follow up with your Orthotist and Doctor. Please contact your Orthotist if you are having any problems with the brace.

Break-in schedule

Day 1 – 3 2 hrs morning, 2hrs afternoon

Day 4 -5 3 hrs morning, 2hrs afternoon

Day 5 – 7 4hrs morning, 4 hrs afternoon

Day 8 – 10 8- 10 hrs or full day

Day 10 Try full day and sleep time 24hr. You may give breaks during the day if needed.

If child naps, try napping with brace on after day 5.